



You have never had lunch with anyone quite like “Lucille.” This fun-loving, sassy lady shares a message of optimism and strength that we all need to hear—**You are your best asset—at any age!**

Although the story is a work of fiction, “Lucille” is based closely on the author's mother—a woman with style, wit and a strong sense of purpose—someone everyone needs to meet.

With her indomitable spirit and wisdom, “Lucille” will captivate you, as she does her lunch guests (even an initially rather reluctant woman), with life-affirming stories AND her “4-diamond brooch.” While attractive to look at, the significance of this jewel of inspiration is much more than decoration, and the secrets behind its meaning will inspire you to incorporate important lessons into your own life.

“Lunch with Lucille” will treat you to simple, practical solutions to some universal, prickly issues, such as aging, confidence, self-image, and achievement. This fast-paced novella is thought provoking and will leave you eager for the next installment.

One Palmetto Book Reviewer writes, Annarose has a “formula for overcoming the obstacles that many women face in their personal lives and helping them make real change happen—changes that also affect their performance in the work place. Her insight and ability to simplify what can surely seem like a daunting process are refreshing...”

“Lunch with Lucille” is the first novel in a series and is available through the website, www.lunchwithlucille.com, and online at B&N and Amazon.

Annarose Ingarras-Milch, Author & Motivational Speaker

1855 Alsace Road, Reading, PA 19604 ♦ P: 610.207.7540 ♦ annarose@lunchwithlucille.com

www.lunchwithlucille.com